

# Course One: Level I—The Prophet

Level I is a comprehensive study of the metaphysical world of power and your place in it. Course content includes work in ancient and modern systems with spirituality and science/physics intricately woven together. Powerful, magical and transformative, Level I offers those seeking clarity, truth or change, a profound opportunity to manifest a life of passion and choice.



## Class One—4 hours

### Introduction to the Metaphysical World – Power

*“Your vision will become clear only when you look into your heart. Who looks outside, dreams. Who looks inside, awakens.”* Carl Jung

- Learn the principles of manifestation, protection and healing through access to universal energy systems
- Interact in the world with a new energetic awareness
- Learn how to instantly access intuitive abilities
- Learn and practice The Training in Power™ Academy meditation model
- Practice energetic tools to manage emotions of self and others

## Class Two—4 hours

### Deep in the Metaphysical World: Accessing the Greater Mind

*“You must be the change you wish to see in the world.”* Mahatma Gandhi

- Work with energetic tools to create an architecture within the greater mind
- Learn to recognize and deflect negative energy with a shielding system
- Practice the principles of psychic communication with other living energies, such as animals

## Class Three—4 hours

### Application of Power to Heal and Manifest: Reading Energy, Dreams

*“And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our fear, our presence automatically liberates others.”* Marianne Williamson

- Practice how to “read” another person’s energy and apply a correction for healing purposes
- Learn to create pathways to the dreamtime for healing and manifestation
- Explore societal beliefs versus humanity’s potential
- Examine the responsibility of power versus the misuse of power
- Achieve a vibrational awareness of Self as the healer/prophet

## Class Four—4 hours

### Putting It All Together - Using Tools and Techniques to Live a Conscious Life

*“To work in the world lovingly means that we are defining what we will be for, rather than reacting to what we are against.”* Christina Baldwin

- Learn how conscious choice affects reality
- Comprehend the Prophet vibrational wavelength and how it can create universal change
- Examine the ethical considerations to utilizing power
- Expand and prepare to practically apply the use of energetic tools and techniques learned in all four classes

After completion of the Level I course, Training in Power™ Academy offers learners the gift of a complimentary audit of a Level I course for up to one year after graduation anywhere in North America.

## Founded in 1986

Training in Power™ Academy courses were first introduced in 1986 by Faye Fitzgerald, a University of Western Ontario graduate, social worker and advocate for vulnerable clients. Faye's original intent was to assist those in the healing, health care and social services areas, who were suffering from stress, anxiety, depression, addictions and other debilitating effects. In response, she developed a course that was simply called "Level I". Today there are sixteen Levels of training; a host of life skill courses and workshops in specific areas of study; and a Master Warriors Program combining physical workouts and meditation. Visit [www.fayefitzgerald.com](http://www.fayefitzgerald.com) for more information about the Founder of Training in Power™.

## Heal the Self, Heal the World

By taking these courses, you join a community of dedicated healers and intuitives. We offer learning, self-discovery, and answers to all that may have seemed unanswerable in the past. The Training in Power™ community is a place to seek support, to offer support, and to honour your spirit.

## Why "train to your power"?

In our world, we are trained to focus only on what we can see with our eyes. We are often taught to ignore what we "see", "hear", "feel" and "know". Yet what goes on outside of us is determined by what goes on inside of us.

Training in Power™ invites you to become reacquainted with your own true nature as a being of both the physical (matter) and of energy (spirit) - an energy which can be transformed. With these courses, you will transform your life through applying the science of power and healing systems that will free you from unhealthy patterns and habits and bring you to a deeper sense of your true Self. Ultimately you learn how to have conscious choice in your life once more.

## Web Site Resources

### Frequently Asked Questions

[www.traininginpower.com/faq](http://www.traininginpower.com/faq)

### Testimonials

[www.traininginpower.com/testimonials](http://www.traininginpower.com/testimonials)

### Free Meditation

[www.traininginpower.com/freemeditation](http://www.traininginpower.com/freemeditation)

### Certificate Program

[www.traininginpower.com/certificate](http://www.traininginpower.com/certificate)

